

# Home Grown: Menus of Wisconsin

## 9-12

### Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Oven Baked Chicken</b> Colorful Curried Rice Vitamin-Rich Steamed Broccoli Mandarin Oranges Apple Crisp Milk Choice	<b>Sloppy Joe on a Bun</b> Crunchy Carrots and Celery with Creamy Hummus Dip Potato Chips Fresh Green Grapes Canned Pineapple Milk Choice	<b>Loaded Pork Tacos</b> Fiesta Refried Beans Golden Corn Sliced Pears Fresh Melon Cup Chocolate Pudding Milk Choice	<b>Cheesy Omelet with Salsa</b> Buttered Toast Hash Browns Scrumptious Sweet Potato Muffin Orange Juice Strawberry Cup Milk Choice	<b>Savory Spaghetti &amp; Meat Sauce</b> Breadstick Crisp Green Salad Sliced Peaches Banana Milk Choice

#### Notes:

All grains are  
whole grain rich.

Milk Choice includes:  
1% White  
Skim White  
Skim Chocolate

USDA is an equal opportunity provider and employer.

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### Week 1 with Grab 'n' Go

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<b>Tuna Salad Sandwich</b> Carrots and Jicama with Dip Applesauce Cup Assorted Whole Fruit Potato Chips Milk Choice	<b>Berry Chicken Salad</b> Dinner Roll Canned Peaches Assorted Whole Fruit Milk Choice	<b>Greek Turkey Pita</b> Carrots and Cucumbers with Dip Fresh Melon Cup Assorted Whole Fruit Milk Choice	<b>Taco Salad</b> Southwest Salsa Strawberry Cup Assorted Whole Fruit Milk Choice	<b>Chicken Caesar Wrap</b> Tomato Corn Salad Crunchy Carrot Sticks and Dip Grapes Assorted Whole Fruit Oatmeal Cookie Milk Choice

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